

# Fundraising in your school



Get together and fundraise in your school!

Ask friends (and teachers) to get involved, have some fun, and raise money to help Mid and

North Powys Mind to be there for local people with mental health problems.

Mid and North Powys  
Canolbarth a Gogledd Powys

## Non-uniform day

Come to school wearing your own clothes and donate a small amount in return. This could even be themed, for example, come dressed as your favourite book or film character, or in Mid and North Powys Mind's brand colours – blue, purple and yellow! But remember to ask your teachers beforehand.

## Bake it or fake it



Host a bake sale! Bring in and sell cakes you've made yourself, or cheat with a shop bought bake (no one has to know!) Encourage people to get involved by offering a prize for the best tasting one and/or the best decorated one! Be sure to list the ingredients in case of allergies.

## Talent show

Do your best dance, sing your favourite song, play your preferred instrument, or anything else you enjoy – just get involved and have a fun-filled show! Ask family members to donate to come along and watch, and charge teachers if they want to enter. You could even hold a bake sale during the refreshment break.



## Sponsored sports day

Arrange a serious or a silly sports day, or a mixture of both! Whether it be racing around the field, competing in a long jump, or doing an egg and spoon or three legged race, a sports day is sure to be an event to remember and a fantastic way to raise funds for Mid and North Powys Mind. Why not charge your fellow students a few pounds to compete? Make sure to reward all those who take part – maybe by giving out certificates.

### Litter pick

This is an exciting one. No, seriously – you can make this fun! How about making this into a bit of a challenge by litter picking on your school playground or field, in a pair, with whoever picking the most bags of litter in an half an hour winning a prize. See if your friends and teachers want first row seats in exchange for a small donation – it's sure to be amusing for all involved.

### Quiz night



The type of quiz is up to you. Whether you want to answer questions about your favourite subject, or you'd prefer your television show knowledge tested, create a quiz to host or take part in, and raise money for [local Mind]. You could hold it after school and even invite parents and teachers to test their knowledge!

### Put up posters and share on social media

If you're taking part in a fundraising activity outside of school you may want to let other students know. Share this on social media and ask whether you'd be allowed to put up posters with the details of your event, including information about how they can support you and donate. We can help you with this by sending you a poster template.

### Awareness assembly/talk

If you're keen to raise awareness about mental health at your school ask your teachers if you can host a morning assembly/meeting where you can talk about this/we can present to you about this? Spread the word to your fellow students and then raise money by displaying fundraising tins around your school.



### Get in touch



Contact Becca on [admin@mnpmind.org.uk](mailto:admin@mnpmind.org.uk) or 01597 824411 for further fundraising tips and advice.



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