

Wellbeing Centre

Drop-in Sessions

Opening Times

Mondays 1 – 4pm

Thursdays 10 – 1pm

Pop in for a cuppa and a chat in a safe and supportive environment. Covid restrictions apply.

Board Games

Drop-in to Join in,
lots of games to choose from
Thursdays 10am - 1pm

Stitch 'n' Bitch

Knitting, Crochet,
Stitching and more
Fridays 12pm - 3pm

Call us

01597 824411

Mon - Fri

9am - 4pm