



FREE MENTAL HEALTH AND WELLBEING SUPPORT FOR YOUR BUSINESS

(worth over £1000)

You will have access to

- » Mental Health/Wellbeing training for owners, managers and staff
- » Support and templates to manage and improve your wellbeing practices
- » Policy support and guidance to help create a healthier workplace
- » HR & employment law support for issues regarding staff health and wellbeing

We are the In-Work Support Service Powys and we are here to support your business to improve its staff wellbeing, leading to healthier, happier workplaces and better staff retention.

“ Our team have really appreciated the resilience training session and the learning and tips have already made a difference to them. ”

To be eligible your business must:

- » Be based in Powys
- » Have fewer than 250 employees
- » Have a turnover of less than £50m

How to get in touch:



jo@mnpmind.org.uk



www.iwsspows.org.uk

 **mind**
in Powys

Local Minds working in partnership
Minds lleol gweithio mewn partneriaeth



Ariennir gan
Lywodraeth Cymru
Funded by
Welsh Government



CYMORTH IECHYD MEDDWL A LLESIANT AM DDIM AR GYFER EICH BUSNES (Gwerth dros £1,000)

Byddwch yn cael mynediad at:

- » Hyfforddiant Iechyd Meddwl / Llesiant i berchnogion, rheolwyr a staff
- » Cefnogaeth a thempledi i reoli a gwella eich arferion llesiant
- » Cymorth polisi ac arweiniad i helpu i greu gweithle iachach
- » Cymorth â chyfraith AD a chyflogaeth o ran materion sy'n ymwneud ag iechyd a llesiant staff

Ni yw Gwasanaeth Cymorth yn y Gwaith Powys ac rydym yma i gefnogi'ch busnes i wella llesiant eich staff, gan arwain at weithleoedd sydd yn iachach ac yn hapusach, a gwell ddargadw staff.

“

Mae ein tîm wir wedi gwerthfawrogi'r sesiwn hyfforddi ar wytnwch, ac mae'r ddysg a'r awgrymiadau wedi gwneud gwahaniaeth iddyn nhw'n barod.

”

I fod yn gymwys, mae'n rhaid i'ch busnes:

- » Fod wedi'i leoli ym Mhowys
- » Meddu ar lai na 250 gweithiwr
- » Cael trosiant o lai na £50m

Sut i gysylltu â ni:



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